



## 2016 PIANOlympics



Welcome to the 2016 Piano Academy PianOlympics! You are hereby nominated as a Piano Academy Olympian for the \_\_\_\_\_ team! Here's what to expect:

You will have two weeks to pass off as many items as you can from the "events" below. Each student will receive a "score card" during the first week of August. For the next two lessons, teachers will record how many things you pass off and will collect your score card on the second week. (Every student will pass off assignments from the level of technique and pass-off books they are currently working on.) In order to win, you will likely have to practice MORE assignments than your teacher normally gives you, but you will still be held to the same high standard to complete each item!

You will be competing individually against all the other students in the Piano Academy, as well as in teams. Students will be grouped by day and Piano Academy (i.e. Tuesday Yellow PA students vs. Tuesday Orange PA students, etc.) to see which group can earn the most medals. The winning group of students will receive a bonus of 15 music bucks each!

Any one student may win a maximum of three gold medals (see the "Go for the Gold!" section below), but you can win extra music bucks for winning in more categories; so you may want to pick a few categories to focus on, or you can go all out and try to win as many music bucks as possible!

A list of events and more specific rules for winning medals are below. Winners in each event will be the students who pass off the highest number of pieces/exercises in that category. Be sure to read each description carefully, as many events are divided by level.

## PianOlympics Events

### **Technique (You may enter events based on current level in the green technique sheet)**

Table Tennis Preparatory Level: Any Exercises

Artistic Gymnastics Preparatory Level: Piano Safari Pieces

Trampoline Level 1: Jump-Up/Ski Down Five-Finger Patterns

Cycling Level 1: Hand over Hand and Chords (Five-Finger Patterns)

Canoeing Level 1: Contrary/Parallel and Cadences (Five-Finger Patterns)

Synchronized Swimming Levels 2-10: Scales

Cycling Levels 2-10: Cadence/Chords

Hurdles Levels 2-10: Arpeggios

Rhythmic Gymnastics Levels Preparatory-3: Hanon Exercises

Rhythmic Gymnastics Levels 4-10: Hanon Exercises

### **Pass-off**

Long Jump: Lesson Book Pieces

Pole Vaulting: Performance Book Pieces

Taekwondo: Technique Book Pieces

### **Other Categories**

Weightlifting: Hymns (For students who are on fast-track hymns)

Rowing: Listening List: For this event, you will listen to pieces from any of our UPC "Composer of the Month" playlists (at least 3x per video) and write/type out the answers to the following questions/prompts:

Who is the composer and when and where did he/she live? *\*Note: If you listen to multiple pieces by a single composer, you need only include this answer for one.*

Write down 2 more facts about the composer's life.

What year was this piece composed? Does it have a story or special meaning?

Record three observations about the piece itself. You can comment on the instruments used if it is an orchestral piece, the style, the mood, the dynamics, articulation, etc.

Find the videos by searching for the channel "Utah Piano Conservatory" on YouTube and looking for any of the Composer of the Month playlists. There are 140 videos to choose from, so you've got plenty of options! Turn in your written responses to your solo teacher to enter this event.

## Go For the Gold! (How to Win)

Medal winners will be announced the week after all score cards have been turned in. The student with the highest total number in each category will win a gold medal; the second will win a silver medal; and the third a bronze. Music bucks will be awarded with medals as follows:

Gold Medal - 30 music bucks

Silver Medal - 15 music bucks

Bronze Medal - 5 music bucks

Each student may earn a maximum of three medals. If a student qualifies for more than three, he or she will receive 5 extra music bucks for each additional medal.

Any student who wins **three gold medals** will also receive a \$5 gift card to iTunes or Swig.

Team Medal: As mentioned in the General Rules, Piano Academy students will also be competing as “teams” by day/Piano Academy. The team with the highest average of medals per student will all receive an extra 15 music bucks!

# 2016 PIANOOLYMPICS



Personal Score Card

Name: \_\_\_\_\_

Event	Week 1 score	Week 2 score	Total
Table Tennis (Prep level): Any exercises			
Artistic Gymnastics (Prep level): Piano Safari Pieces			
Trampoline (Level 1): Jump-up/ski-down			
Cycling (Level 1): Hand-over-hand five-finger patterns and chords			
Canoeing (Level 1): Contrary/parallel five-finger patterns and cadences			
Synchronized Swimming Levels 2-10: Scales			
Cycling Levels 2-10: Chords and Cadences			
Hurdles Levels 2-10: Arpeggios			
Rhythmic Gymnastics Prep-3: Hanon			
Rhythmic Gymnastics Levels 4-10: Hanon			
Long Jump: Lesson Book Pieces			
Pole Vaulting: Performance Book Pieces			
Taekwondo: Technique Book Pieces			
Weightlifting: Hymns (for students on Fast-Track hymns)			
Rowing: Listening List			

Judges: Please help each student identify the events in which they are eligible to compete. Record the number of exercises or pieces they pass off each week, and collect their score card to turn in to the solo teacher if you are their last teacher on the second scoring week.